



Sewa Sankalp

(In-house News Letter of JEEV SEWA SANSTHAN)

Manav Sewa is Madhav Sewa

MESSAGE FROM MR. VIJAY CHUGH, SINGAPORE



I am associated with Jeev Sewa Sansthan(JSS) for last 30 years. One of my friends introduced me to Shri Mahesh Dayaramani, Secretary of JSS during his visit to Hong Kong. There are only few trustworthy organizations in India which collect the donations & utilise the same solely for charitable purpose. Hence, I started contributing small donations at frequent intervals with little hesitancy.

As it is rightly said, 'SEEING IS BELEIVING', therefore during my trip to India in 2008, I had the opportunity to visit Sant Hirdaram Nagar. I was amazed to view various benevolent activities being run by group of volunteers under the leadership of Shri Mahesh Dayaramani, guidance of Rev. Siddh Bhauji and blessings of Paramhans Sant Hirdaram Sahibji.

The entire Sant Nagari is involved in charitable activities in the field of Education, healthcare, helping in marriages of poor girls, Naturopathic treatment etc. Providing free medical facilities is common service but going to remote areas for eye check-up and bringing the patients to Sewa Sadan Eye Hospital for IOL surgery and that too free of cost is a unique 'Shewa'.

Similarly offering free education to needy children is praiseworthy. I was mesmerised to see the volunteers getting up early and knocking the doors to wake up children and taking them to school. This kind of service was unbelievable till I had witnessed myself.

Ever since, I have been contributing regularly for sponsoring education of needy children and providing medical help to the ailing patients. I really feel proud to be associated with a noble organization like Jeev Sewa Sansthan(JSS). After all it is said '*Hands that help are holier than the lips that pray*'.

I wish that more and more people get motivated in noble cause of giving. My best wishes to all the volunteers & team of Jeev Sewa Sansthan.

- VIJAY CHUGH



Saankethika 3.0 - Mr. Anand Kumar (Founder of 'Super 30' Coaching in Patna) honoured by Rev. Siddh Bhauji in the presence of Mr. Rameshwar Sharma, MLA, Huzur (2nd from right) and volunteers of JSS.

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Editorial



It feels like we are finally coming out of a dark cave. In the last few weeks, we have been seeing friends, going to events and restaurants, engaging in activities that we have avoided for the last 15 months.

While we are ready to move forward with our lives, we need to balance optimism with caution, and learn from our experiences. If we heed the lessons learned from the pandemic, our ability to grow and thrive will be great. Those lessons include focusing on the things which really make us happy and fulfilled.

As the saying goes, how can we make lemonade out of lemons? Here are some things to focus on, and consider:

We are more resilient than we thought: Resilience is the ability to adapt well to adversity, tragedy, trauma, threats, and significant sources of stress. We have learned that we are more capable and more resilient than ever thought, and the knowledge that we were able to handle the pains of the pandemic will go a long way fortifying and preparing us to handle crisis in the future. Nothing is permanent and lasts forever. Expect everything to eventually come to an end and give way to something different.

Importance of relationships: While we were socially distanced, we learned that we did not have to be socially isolated. We found ways to reach out and connect with friends and family. The science of the psychology of happiness has proven that isolation is poor for one's mental health, while staying connected has positive impact on your health. We have experienced a myriad of ways to stay connected, and need to make sure we continue to communicate effectively with those in our lives.

Importance of self-care: Proper nutrition, regular exercise, healthy sleep habits and daily meditation/mindfulness practice help maintain our body & mind in good condition, and allow us to ward off the ill effects of change, despair, uncertainty, and loss. The ability to keep our bodies and minds functioning well has, more than ever, proven to be within our choice.

From Western to Indian Culture: Remember when we used to join our hands saying Namaste to all. That time is back again. Now onwards, meeting with handshakes & hugs is no more in trend.

Importance of gratitude & caring for others: Negative thinking always leads to feelings of despair, anxiety, and depression. The ability to reflect on and experience gratitude and gratefulness helps one stay centred. Thinking of three things you are grateful for each day has tremendous positive impact on how we feel, and is an easy exercise to do regularly. There are so many people in distress right now for different reasons. You should volunteer your time & resources to bring them some relief or joy, or even just a smile. Infact, you should look for opportunities to practice kindness every day. When we get outside of ourselves, and provide soothing to others, it is only we who gets benefitted the most.

This has been a difficult year, but challenge often brings opportunity. The lessons we have learned during the pandemic teach us that happiness and well-being can be achieved through our own action. A new map is available to us. We just have to walk down the path.

Lets' try! Wishing you a very happy, healthy & prosperous life ahead!!!

It is only in the giving of oneself to others that we truly live.

**“21ST SEPTEMBER’ 2021:
CELEBRATING 116TH BIRTHDAY OF PARAMHANS SANT HIRDARAM SAHIBJI”**

Every year, 21st September has been a most sanctimonious day for all those who pay reverence to **Paramhans Sant Hirdaram Sahibji**- an apostle of Peace, an epitome of Humanity, an epithet of Kindness and an icon of Simplicity. On this auspicious day in 1906, a Legendary Saint - Paramhans Sant Hirdaram Sahibji was born whose teachings, spirit and service endeavours is beyond description. He redefined the way to reach nearer to the Almighty-not by visiting temples or pilgrimages but by serving **THE OLD, THE INFIRM & THE CHILDREN** who are His creations. This golden service philosophy of Paramhans Santji will continue to guide his devout followers on the noble path of ‘**Sewa & Sumiran**’. Hence, we observe this pious day as “**Sewa & Sankalp Diwas**” in which all the ‘**Sewadharis**’ resolve to follow the service philosophy of **Paramhans Santji**.



PIOUS BEGINNING OF THE DAY

This pious day commenced with echoes of the recitation of ‘Holy Sri Sukhmani Path Sahib’ by the devotees in the presence of Rev. Siddh Bhauji.

The Holy Kutiya of Paramahans Santji namely, “Sewa Sankalp Dham” remained opened for the devotees throughout the day. Innumerable mob of devotees offered homage & bowed their heads in the lotus feet of Paramhans Santji. All of them jointly prayed to the Almighty & Saijan for safe & conducive environment free from deadly corona virus as well as well-being of humanity across the world.

CELEBRATIONS

The 116th Birthday of the legendary Saint was celebrated by the devoted followers not only in Sant Hirdaram Nagar (Bhopal) but almost in every nook & corner of the world with gaiety & fervor. To

commemorate the pious occasion following humanitarian activities were conducted:-

- Mass feeding (**Aam Bhandara**) for local devotees & ‘**Sewadharis**’.
- Many social organizations/‘**Sewadharis**’ distributed ‘**Prasadi**’(food packets) to the public at various places.
- **Organized Free Dental Camp in Sant Hirdaram Nagar.**
- **Blood Donation Camp** at various places.
- **Distribution of fruits, meal & sweets** in various Ashrams, Slums, Orphanages, Blind Schools & Handicapped centers.
- **Free Dialysis at Ulhasnagar :-** For

the entire month of September, the ailing & less-privileged patients were provided free dialysis procedure with the support of ‘**Jeev Daya Sansthan, Ulhasnagar**’.

The glory of this Legendary Saint is disseminated worldwide. The birthday of Paramhans Santji is celebrated not only in Sant Hirdaram Nagar(Bhopal), Ahmedabad, Ulhasnagar, Rajkot, Ajmer, Jaipur, Udaipur etc. but also in every nook & corner of the world by way of serving the suffering humanity.

SANCTIMONIOUS COMPLETION

The pious day that began with the chanting of prayers followed by celebrations, concluded with distribution of fruits, sweets & meal in various ashrams, slums, orphanages etc., thus bringing radiance on the multitude of faces living in gloom but with strong belief that Our Holy Saint is and will always remain amongst us. Our true accolade to Paramhans Santji would be when we follow his teachings and serve humanity with motto, “**MANAV SEWA IS MADHAV SEWA.**”

Confidence doesn't come when you have all the answers. It comes when you are ready to face all the questions

UNIQUE PHILANTHROPIC GESTURE OF RESP. DADA K H LAKHANI (HK)

To commemorate 116th Birth Anniversary of Paramhans Sant Hirdaram Sahibji, Resp. Dada Kan H Lakhani, a compassionate & altruistic personality from Hong Kong sponsored heart surgeries of following 10 ailing patients:-



Sn	Patient's Name	Age
1.	Baby of Sujatha Ramachandra	1 year
2.	Master A K Beeresh	1.3 year
3.	Master Keerthi Mithun L	7 years
4.	Baby Tharani	10 years
5.	Mrs. Prabhavathi	42 years
6.	Smt. Thanamma	70 years
7.	Mr. Senthilkumar	34 years
8.	Mr. Srinivas	54 years
9.	Mr. Hattigovinda	58 years
10.	Mr. Ramachandra	65 years

The surgeries of above patients were performed in coordination with Sri Jayadeva Institute of Cardiovascular Sciences & Research Centre, Bengaluru and Have a Heart Foundation, Bengaluru.

We salute to the unique 'Shewa Bhawna' of Resp. Dada Lakhani for gifting new lease of life to 10 heart patients. On this pious occasion, he has truly manifested the sayings of Paramhans Santji, being the real epitome of '3S' i.e., **Sewa, Sumiran & Surrender**. Infact, he is a God sent Ambassador on Earth to serve the needy & less-privileged masses.

“ To be kind is more important than to be right because many times people don't need a brilliant mind that speaks but a kind heart that listens.”

JSS EXTENDED SUPPORT FOR FLOOD VICTIMS



As we all know that heavy rainfall has caused devastating floods in Sheopur and Shivpuri districts of Madhya Pradesh, while completely paralyzing the normal life of thousands of people and has left them homeless. As many as 1200 villages have been severely affected and are still underwater with no electricity, communication, and transportation system. These unfortunate people need Ration for sustenance and homes for shelter.

With the blessings of Paramhans Sant Hirdaram Sahibji & guidance of Rev. Siddh Bhauji, Jeev Sewa Sansthan(JSS) has always been on the front foot to extend support for the victims of natural calamities & disasters like Tsunami, Cyclone, Flood, Earthquake, Kargil War, Riots, Covid-19 pandemic etc. Continuing this trend, JSS extended a cheque of Rs. 2.50 Lacs towards providing relief to the flood victims of Sheopur & Shivpuri districts of Madhya Pradesh. On behalf of JSS, the cheque was handed over by Mr. Kamal Premchandani, (Ex-Director of Sindhi Sahitya Samiti) & Mr. Rajesh Hingorani (Social Activist) to Hon' Chief Minister of Madhya Pradesh, Shri Shivraj Singh Chauhan.

On this occasion, Shri Shivraj Singh Chauhan while remembering Paramhans Sant Hirdaram Sahibji expressed gratitude to Rev. Siddh Bhauji for extending financial support at this hour of emergency which will be utilised for feeding, providing clothes & rehabilitation of flood victims.

● EXEMPLARY GESTURE OF DADA LAKHANI ON 80TH BIRTHDAY OF HIS WIFE ●

Flowers, cake, ornaments, gifts & party aren't everybody's idea of making their loved one's birthday special.



We salute to Resp. Dada Kan H Lakhani, Hong Kong-based philanthropist for his exemplary & unique philanthropic gesture of sponsoring heart surgeries of 80

children on the auspicious occasion of 80th Birthday of his beloved wife, Mrs. Rita K Lakhani on 14th July'2021.

The heart surgeries of 80 ailing children were performed in various hospitals of Chennai, Kolkatta & Bengaluru. The parents who were unable to afford the cost of surgery of their beloved children were gifted with new lease of life.

This act of philanthropic gesture & unique birthday celebration symbolises true companionship, heartily affection & infinite love of Dada Kan Lakhani towards his beloved wife.

Dada Kan H Lakhani is a staunch devotee of Paramhans Sant Hirdaram Sahibji. He has touched lives of millions of needy masses not only in Sant Hirdaram Nagar but also in various parts of the country like Ulhasnagar, Lucknow, Ahmedabad, Bengaluru, Udaipur etc.

Rev. Siddh Bhauji while congratulating Dada Lakhani & his wife prayed to the **Almighty & Saijan** to bestow immense blessings upon **"LAKHANI FAMILY"** in the form of majesty, serenity, infinite happiness and strength to serve more & more suffering humanity. **Rev. Bhauji** further said that the grace of God and the blessings of contented souls will always be upon **'LAKHANI FAMILY'** as they have been doing alot for the suffering creation.

There are very few compassionate people like Dada Kan Lakhani whose noble deeds are the source of inspiration for millions. We can say that Dada Kan Lakhani is an Ambassador sent by the Almighty to serve His needy brethrens.

● SELF ACCEPTANCE ●

Life is a process. As the heart of life unfolds like petals before us, each of us reaches for the precious jewel at the centre, the jewel of self acceptance. Self-acceptance does not come easy. Too frequently, we succumb to outer appearances or others' expectations. Let's realize a simple truth. Accept your Self. Outwardly, life may remain the same. The debts may be mounting, the job remains unsatisfying. But, inwardly something changes. We accept our Selves. We open up. Deep in our hearts, we renew trust that we are worthwhile. Then we are able to finally accept who we are, with all our imperfections. All mistakes all seeming follies, are placed on the alter and seen in their true light. We perceive our fears, our doubts, our worries. We acknowledge each one of these representing a failure to trust the Self, to acknowledge our true identities, to embrace Self-acceptance. Once this state is achieved, the process of transformation begins. And a new person is born – who will try not repeat committing these mistakes, follies, blunders etc. etc.

Gratitude is the light that can illumine us inside and brighten the environment we live in

● Exemplary noble endeavour by Volunteers of 'KINDNESS RIPPLE' ●

'Remember there's no such thing as a small act of kindness. Every act creates a ripple with no logical end.' – Scott Adams



After reading or hearing about a particular person who donated for noble cause, we mostly applaud & appreciate his humility & generosity. But honestly speaking, not only the celebrities but most of the persons in the

community have compassionate heart who wishes to contribute for helping the unfortunate persons. But than most of them are lethargic, so do not take up the initiative of contributing.

All we need to do is to motivate such kind-hearted persons so that they come forward and contribute as per their capacity.

In Singapore, we started a chat group called 'KINDNESS RIPPLE' and invited people to be volunteer leaders. These volunteer leaders approached their acquaintances requesting them to contribute as per their desire for the needy brethren. As such there was no amount set for an individual to contribute. Fortunately, we managed

to rope in about 40 volunteer leaders asking them to collect at least 5 kg rice bags for the charitable organizations in Singapore.

With the persistent & untiring efforts of volunteer leaders, as many as 7,056 units of 5 kg rice bags totaling 35,280 kgs of rice were collected. We were filled with new vigour & enthusiasm when our volunteers group 'KINDNESS RIPPLE' attained position in 'Singapore's book of records' being the largest contributor of rice bags.

It is praiseworthy to note that around 35 tons of rice was contributed by the countrymen of Singapore having only 5 million population.

We, the Indians should learn & take up the initiative of forming similar groups as 'Kindness Ripple' as from each ripple, many volunteer leaders will evolve and extend support for transforming the lives of needy sections of the society.

- Mr. VIJAY CHUGH

(Renowned philanthropist & Social Activist of Singapore)

MEMORABLE VISITS

We are fortunate that the following philanthropists visited Sant Nagari(Bhopal) during the quarter. We convey our heartfelt gratitude to all of them for sparing their valuable time and motivating us further:-

- Mr. Naresh Agnani, Indore
- Mr. Vinod Agnani, Indore
- Mr. Mahesh Karamchandani, Indore
- Mr. Suresh Kaku,
- Mr. Ram Jawaharani, Mumbai
- Mr. Surinder Singh, Ludhiana

OUR NEW PHILANTHROPISTS

We heatily welcome following philanthropist to our ever expanding Sewa Pariwar and convey our gratitude for their maiden association with us. We pray for thier long lasting support in this journey of selfless service to the humanity.

- 1) Mr. Ravi Bachani, Ajmer
- 2) Mr. Purshottam Makhijani, Dahod
- 3) Mr. Kamal Golia, Mumbai

Satisfaction is not always the fulfillment of what you want; it is the realization of how blessed you are

Mrityunjay Menaria attains 7th Rank in Pre-Entrance Exam of IIM, Indore

“A dream doesn’t become reality through magic; it takes sweat, determination & hard work.” -Colin Powell



Mrityunjay Menaria, student of Std. 12th has brought laurel and added another feather in the Cap of **Mithi Gobindram Public School (MGPS)** by attaining 7th rank in the Pre-Entrance Exam conducted by one of the prestigious Management Colleges of India, **Indian Institute of Management**

(IIM), Indore. This year, out of total 35,000 applicants; only 850 candidates have been shortlisted amongst which only 325 belonged to general category.

This achievement is in line of previous record achieved by Mritunjay in Std. 10th CBSE Exam by scoring 99.2 %, which made him a national rank holder and city topper. He has attributed his series of outstanding performances to the blessings of **Almighty & Paramhans Santji**, constant guidance & motivation of **Rev. Siddh Bhauji**, conducive environment provided by the Management, Principal, untiring efforts of teachers coupled with the

unflinching cooperation of parents. Regarding the career prospects, he wants to crack UPSC Exams and contribute to the nation’s development. The staff members of MGPS, the parents & citizens of **Sant Nagari (Bhopal)** are proud of his great achievement.

We are grateful to **‘Melwani Brothers’** for setting up of **‘Mithi Gobindram Public School’** which is providing wonderful platform to the students to folk in the academic era and articulate their career.



ANMOL JAIN - STUDENT OF MGPS SELECTED IN INDIAN ARMY



It was proud & mesmerising moment for Anmol Jain, ex-student of MGPS who brought laurels to Mithi Gobindram Public School (MGPS), parents, staff members etc. by getting selected as ‘Commission Officer’ in Indian Army.

Anmol Jain has attributed his success to the blessings of **Paramhans Sant Hirdaram Sahibji**, motivation of **Rev. Siddh Bhauji**, untiring efforts of teachers, unflinching cooperation of parents and above all to **Retd. Col. Narayan Parwani** with whose inspiration & guidance he prepared well & cleared the competitive exam.

Rev. Siddh Bhauji(Chairman, SHKES) congratulated Anmol Jain & blessed him to achieve pinnacle of success in every walk of his life. **Rev. Bhauji** further advised him to accomplish all the responsibilities diligently marching ahead on the path of patriotism & humility so as to become worthy citizen of the country.

S/Shri Hero Gyanchandani(Director, SHKES), **A C Sadhwani** (Secretary, SHKES), **K L Ramnani** (Dep. Secretary, SHKES), **Dr. Ajaykant Sharma**(Principal, MGPS) & **Ms. Rita Gurbani**(Vice-Principal, MGPS) congratulated Anmol Jain and wished him success for the future.

Hats off to Anmol Jain who has actualized the famous quote from Paulo Coelho’s The Alchemist: ‘when you want something desperately, the entire universe conspires in helping you to achieve it.’

SCINTILLATING PERFORMANCE OF STUDENTS IN CBSE BOARD EXAMS (2020-21)

“Follow your dreams, believe in yourself and don’t give up.” -Rachel Corrie

With the blessings of Paramhans Sant Hirdaram Sahibji, constant motivational guidance of Rev. Siddh Bhauji, strict monitoring & excellent environment provided by the management & Principals of schools coupled with the dedicated efforts of teachers unflinching support of parents, the brilliant students of Mithi Gobindram Public School(MGPS) & Navnidh Hassomal Lakhani Public School (NHLPS) have once again proved their mettle and showcased scintillating performance in Std. 12th & Std. 10th CBSE Board Examination (2020-21). Both these schools have been running under the aegis of Shaheed Hemu Kalani

Educational Society (SHKES) providing quality education with noble virtues.

The outstanding performance of students definitely brought laurels and added jewels in the crown of Schools as all of them have successfully passed AISSCE Board exams with flying colours.

SHINING STARS OF MITHI GOBINDRAM PUBLIC SCHOOL(MGPS)

STD.12TH:-

Out of 127 Students, following 40 Students brought laurels to their school, teachers & parents by scoring 90% & above.



Never give up hope, situations can change overnight, problems can dissolve in the light of a new days sun

Std. 10th :- Out of 105 Students, following 17 Students brought laurels to their school, teachers & parents by scoring 90% & above:



SHINING STARS OF NAVNIDH HASSOMAL LAKHANI PUBLIC SCHOOL (NHLPS)

Std.12th:-

Out of 112 students, following 38 students brought glory to the school by scoring 90% & above



Never get tired of doing little things for others. Sometimes those little things occupy the biggest part of their hearts

Std. 10th:- Out of 123 Students, following 34 Students brought laurels to their school, teachers & parents by scoring 90% & above.



Rev. Siddh Bhauji bestowed his immense blessings on the students, management of SHKES, Principals, teaching & non-teaching staff members of MGPS & NHLPS for this stupendous result. The office bearers of SHKES S/Shri Hero Gyanchandani (Vice-President), A C Sadhwani (Secretary), K L Ramnani (Joint Secretary), Principals of both the schools-Dr. Ajaykant Sharma (MGPS) & Ms. Amrita Motwani(NHLPS) congratulated the students for adding jewels in the crown of the schools.

We express our gratitude to 'Melwani Brothers'-Shri H G Melwani,Shri V G Melwani(Both from Hong Kong), Shri U G Melwani(Lagos) and Shri K H Lakhani(Hong Kong) & their family for setting up Mithi Gobindram Public School(MGPS) & Navnidh Hassomal Lakhani Public School (NHLPS) respectively which is providing wonderful platform to the students to folk in the academic era & articulate their career.

● CULTURAL FEST “SAANKETHIKA 3.0” ORGANIZED BY SHGC ●



A Cultural Fest - “Saankethika 3.0” was organized with full vibrancy & exuberance on 24th & 25th September’2021 in Sant Hirdaram Girls College in the pious presence of Rev. Siddh Bhauji, Chairman, SHKES. The renowned guests were Mr. Anand Kumar, Founder of Super 30 Coaching in Patna, Mr. Rameshwar Sharma, MLA- Huzur, Mr. Vivek Sawarkar, Asst. Registrar, Makhanlal Chaturvedi University, Dr. Reena Yadav, Principal, IITM, IES Ms. Shweta Keswani, Director, Dreams Global Education, Shri Hero Gynachandani, Vice-Chairman, SHKES, Mr. A.C. Sadhwani, Secretary, SHKES, Mr. K L Ramnani, Joint Secretary, SHKES, Mr. Mahesh Dayaramani, Secretary, Jeev Sewa Sansthan, Dr. Dalima Parwani, Principal, SHGC and many other dignitaries were present to grace this occasion.

During the welcome speech, Dr. Dalima Parwani said that fighting challenges of life during hard times is a great skill. A person should learn everyday and the experience gained will surely lead him/her to attain greater heights in career.

Speaking on the occasion, Mr. Rameshwar Sharma said that Sant Nagari(Bhopal) is a place of pilgrimage full of knowledge, spirituality & morality. I feel proud & privileged to be a citizen of India which is progressing ahead on the path of self-dependency. The young generation should have moral ethics & utilise their

knowledge for developing the nation.

The participants were spell bound to hear Rev. Siddh Bhauji who said, “There is no ‘Anand’ (pleasure) without knowledge and by the grace of God, today Mr. Anand has come all the way from Patna to Sant Nagari(Bhopal) to quench the thirst of knowledge of aspiring students.”

The chief guest of the occasion, Mr. Anand Kumar said, “I am really impressed to see conducive environment of this college. The parents should have faith & encourage their children to attain greater heights in their chosen subject of interest. The students should have passion, perseverance & planning to accomplish their goal. Never have negative thoughts for anyone and do not waste time. Do not be afraid of hardships instead develop yourself to fight back all challenges of life with patience & hard word. My renowned Coaching Centre ‘Super-30’ was set-up with the noble objective of selecting & imparting quality education to needy & deserving candidates. I am proud to declare that numerous students of ‘Super-30’ have been selected in prestigious IIT, IIM institutes. I bow my head in the feet of Paramhans Sant Hirdaram Sahibji who always encouraged girls’ education in order to make them self-reliant. Educating girls is important for betterment of the society. At last, I suggest four mantras to all the students for achieving success i.e., Strong will power, positive thinking, persistent hard work & infinite endurance.”

Perfection means doing the best but Confidence means knowing how to handle the Worst



Saankethika 3.0 hosted various competitions like Karaoke, Quiz, Handicraft, Dance Competitions, Young Scientist Innovations for the students of Std. 11th, Std. 12th, UG & PG students. The winners were felicitated

with trophies & mementoes. The overall winner's trophy was awarded to Navnidh Hassomal Lakhani Public School, Bhopal.

● SHGC FELICITATED WITH 'GREEN CHAMPION AWARD' ●

Sant Hirdaram Girls College (SHGC) has been conferred with Green Champion Award by Mahatma Gandhi National Council of Rural Education (MGNCRE), Department of Higher Education, Union Ministry of Education, for its contribution to 'Swachhta Education and Practices'.

award from Mr. Avinash Lavania (IAS), Collector, Bhopal in an event organised by the Union Ministry of Education. The award is based on various parameters including hygiene, cleanliness, usage of green and renewable energy, waste management, green campus drive, toilet adequacy in the campus, tree planting and community outreach in promoting 'Swachh Culture' besides observing post COVID- 19 precautions and maintaining social distancing norms.



Dr. Dalima Parwani, Principal of SHGC received the

The awards, given to only one institution per district, were announced on the occasion of Earth Day. About 1,000 higher educational institutions participated in the Mahatma Gandhi National Council of Rural Education, 'One District One Green Champion' awards under Swachhta Action Plan 2020-2021 which is a Swachha Bharat initiative of the Prime Minister. It is praiseworthy to note that Sant Hirdaram Girls College has carved out a niche as the Green Champion of the Bhopal District.

To taste the sweetness of Life: You must have the power to forget the bitterness of past

INAUGURATION OF COLON HYDROTHERAPY MACHINE IN SHYNCH

A Colon Hydrotherapy machine was inaugurated at Sant Hirdaram Yoga & Nature Cure Hospital (SHYNCH) on 08th September'2021 in the pious presence of Rev. Siddh Bhauji. This machine has been sponsored by renowned philanthropists of Bhopal, Advocate Smt.

Sugni Dariyani W/o Shri Devandas Dariyani & their family members. The trustees, volunteers, doctors & staff members of SHYNCH were also present to grace the occasion.

Speaking on the occasion, Rev. Siddh Bhauji said, "Filth inside our body causes various diseases. One cannot remain healthy if the stomach or bowel movement has been disturbed. This machine scans the body and helps to get rid of toxic accumulations of bodily waste, excess mucus & gas."

Dr. Gulabrai Tewani, CMO of Sant Hirdaram Yoga & Nature Cure Hospital (SHYNCH) extend heartfelt gratitude to 'Dariyani Family' for sponsoring this machine which helps restore colon muscle tone, rebalances intestinal flora, and improves overall health conditions.



DETOX CAMP ORGANISED IN SHYNCH



Sant Hirdaram Yoga & Nature Cure Hospital (SHYNCH) (formerly called as 'Arogya Kendra' established in 1989) is a unique Hospital providing Naturopathy and Yoga treatment as a traditional healthcare system, purely practiced as a drugless therapy. With a team of Best Doctors and a highly trained staff, SHYNCH aim to provide "the best of nature" in the form of Hydrotherapy, Mud Therapy, Manipulative Therapies, Acupressure, Acupuncture, Fasting Therapy & Physiotherapy. As we all know that toxin residues tend to accumulate in the body due to various reasons and cause damage to

cells & tissues leaving one prone to many severe health diseases like cancer, liver & kidney damage, arthritis, obesity, high Blood Pressure, diabetes etc. Occasional bouts of stomach disturbances, headaches, irritability, feeling of uneasiness or exhaustiveness often denotes that it is time to detoxify.

Detoxification Camps are the main attraction of SHYNCH. Every month, the camp is organised for the duration of 10 days and 'Sadhakas' (patients) are provided with accommodation, Naturopathy Diet and treatment at very affordable cost. Thousands of health seekers

actively participate in these camps to get rid of toxins & heavy weight, cleanse each & every cell of the body and rejuvenate their mind. These camps not only heal the existing health problems but also help in developing a healthy & holistic lifestyle.

ONLINE CONSULTATION - For easy accessibility of hospital services, the online consultation facility proved to be of great significance for patients who were unable to visit Hospital due to Covid-19 outbreak. During the quarter, 49 patients took benefit of this facility.

● 2-MONTH OLD TWINS UNDERGO SUCCESSFUL RETINA LASER PROCEDURE IN SSEH ●



Dr. Riddhima Deshpandey, Pediatric Retina Specialist of Sewa Sadan Eye Hospital (SSEH), successfully performed laser procedure on 57 days old twin brother & sister named Lovyansh & Lavaniya on 28th September'2021.

Mr. & Mrs. Aakhe were blessed with preterm

twins in a Chhindwara Government Hospital on 1st August'2021. These kids were delivered in seven months by cesarean procedure. At the time of birth, Lavyansh was 1,555 grams & Lavaniya's weight was 1,420 grams. Looking to their gradually weakening physical condition, the parents were advised to admit them in Sick Newborn Care Unit (SNCU) of District Hospital. After 25 days treatment, the doctors advised them to consult Pediatric Retina Specialist immediately.

As their father work as a Brickmason & mother as a daily wage worker, they did not have enough money to bring their kids to Bhopal so got delayed. After one month, these infants were brought to Sewa Sadan Eye Hospital where Dr. Deshpandey diagnosed and decided to perform retina laser procedure on both of them immediately. The Retina Laser surgery of Preterm twins has been performed successfully.

It is alarming to note that Retinopathy of Prematurity (ROP) is emerging as a significant cause of severe visual disability in Preterm born infants. Realizing their plight, Resp. Dada K H Lakhani, philanthropist of Hong Kong and Mr. Manu Chatlani of Have a Heart Foundation (HAHF), Bengaluru took the initiative to implement ROP Program in Sewa Sadan Eye Hospital (SSEH). BKT Foundation, CSR division of M/s Bal Krishna Industries Ltd. (Mumbai) contributed for purchasing a Laser Machine and an Imaging Camera in SSEH. Resp. Dada K.H. Lakhani is providing support for operational expenses of screening / surgery of children. Implementing ROP project in Sewa Sadan Eye Hospital will surely prove to be a new milestone in providing sight to numerous sightless infants who are real form of GOD.

● SSEH LAUNCHED 32ND VISION CENTRE AT BETUL ●



32nd Vision Centre of Sewa Sadan Eye Hospital (SSEH) was inaugurated by Mr. A K Bhatt, Chairman, SEIAA (State Environment Impact Assessment Authority) at Betul on 26th August' 2021. The Chairperson of senior citizen forum, Betul- Dr. Shaila Mule, Secretary-Mr. K K

Panday, DFO South Betul- Mr. Punit Goyal and Trustee of Sewa Sadan Eye Hospital- Mr. Suresh Awatramani were present on the occasion. This vision centre has been set up in joint collaboration of SSEH and INGO-CBM. Senior citizen forum Betul also co-operated in opening of this centre.

Speaking on the occasion, Mr. A K Bhatt said, "The loss of vision is assumed as destiny by the people living in predominant forest and the tribal areas. Convincing them is very difficult task, but senior citizen forum and volunteers of SSEH bring those people in free eye camps for eye check-up, to provide necessary treatment and surgeries." For accomplishing this tough task intelligently, he eulogized both the organizations and wished that the newly opened centre will render best eye care services to the poor & needy eye patients.

KHATEGAON VISION CENTRE LAUNCHED BY SSEH



33rd Vision Centre has been setup by Sewa Sadan Eye Hospital at Khategaon with the co-operation of an INGO, Seva Foundation. Local MLA, Mr. Ashish Gobind Sharma inaugurated this vision centre on 16th September'2021. Patron of senior citizen forum, Shri J.P.S. Tomar; Secretary, Mr. Satish Mittal and

Managing trustee of SSEH, Shri L.C. Janiyani were main dignitaries to grace this occasion.

Mr. Ashish Gobind Sharma while appreciating the efforts of Sewa Sadan Eye Hospital to open a vision centre in khategaon said that this centre will highly benefit the poor and needy eye patients. He further said that diligent & skilled manpower is only possible when our people are physically fit.

Shri L.C. Janiyani threw the light on the charity works and achievements of Sewa Sadan Eye Hospital. He also enunciated the selfless services of Paramhans Sant Hirdaram Sahibji and Rev. Siddh Bhauji in the field of healthcare and women education. He said that the IOL surgeries of poor patients is done free of cost. He applauded the contribution of INGO, 'Seva Foundation' for opening of this vision center in Khategaon.

RETINA SPECIALISTS PARTICIPATES IN SSEH'S ONLINE GD SERIES

Dr. Rajeev Raman, Retina consultant of Sankara Nethralaya Chennai, held an online discussion with the eye surgeons of SSEH here on 14th September'2021. This weekly group discussion will be held regularly on every Tuesday.

On this occasion, Chairperson of SSEH, Rev. Siddh Bhauji, Managing Trustee, Shri L.C. Janiyani, and other trustees like Shri Hero Gyanchandani, Shri Mahesh Dayaramani, Optometrists and medical staff were present in the webinar.

Dr. Raman said that the ophthalmologists should always increase their efficiency in the field of research, academics, community services and patients' care. He said that the surgeon should guide optometrist to upgrade their diagnosis quality. To achieve this goal, surgeon should conduct a regular training sessions of the optometrist. Dr. Raman said only 30% ophthalmologists take care and keep themselves updated with the innovation and researches going on in the field.

Dr. Raman said that the objective of SSEH is providing selfless service to the down trodden and there is a full potential in the staff & ophthalmologists of the hospital. He said that the doctors should regularly reciprocate their ideas and knowledge of research topics.

Complications of retina and Glaucoma diseases should also be discussed in such gatherings. Dr. Raman said that the super specialty surgeons should write articles for the news papers to enhance awareness in the society.

Rev. Siddh Bhauji said the surgeons should be appraised for innovation and researches so they can render quality medical services to the suffering patients. Rev. Bhauji further added that before attending the webinars, surgeons should perform their homework and note down their problems. Rev. Bhauji assured to make available all resources and telecommunication facilities which are required in the hospital.

Medical Director, Dr. Purna Upadhyaya said that since inception, a regular academic session is held in the hospital on every Monday. Optometrists are sent to various super specialty hospitals for the upgradation of their subject knowledge.

Paediatric Ophthalmologist, Dr. Rashmi Apte said this is the marketing era and public should be made aware about services and achievements of the hospital.

Paediatric Retina Specialist, Dr. Sonal Paliwal threw the light on the work being done in the field of ROP in the hospital.

VAN MAHOTSAV WEEK CELEBRATED BY CHIGS



Van Mahotsav week is an annual tree-planting festival celebrated every year from 1st to 7th July in which thousands of trees are planted across the country so as to spread awareness of forest conservation and save the environment. Trees play a significant role in maintaining an ecological balance and providing oxygen to human beings on the planet.

With the blessings of Paramhans Sant Hirdaram Sahibji & guidance of Rev. Siddh Bhauji, CHI Girls Higher Secondary School, Gandhinagar virtually

organised Van Mahotsav Week. On 07th July'2021, the Principal of Sankul Gandhinagar, Mr. A P Singh planted saplings in the school campus. While explaining the uses of various plants & herbs, the students were encouraged to plant trees in their homes & take responsibility for the better tomorrow. During this week, children as well as their parents participated in the plantation drive and planted saplings. They pledged to reduce the plastic usage and spread the message of plantation.

Our guiding & inspirational force, Rev. Siddh Bhauji has been encouraging the students from time to time to plant more & more trees in order to maintain healthy clean environment. Rev. Bhauji further said, "In the times of pandemic, Van Mahotsav not only becomes the celebration of mother nature but also an observance to avoid the loss of human lives."

Mrs. Priya Jain Sharma, Principal of CHI Girls School appreciated the efforts of students, parents & staff members for their amelioration of environment.

GURU PURNIMA CELEBRATED IN ALL THE EDUCATIONAL INSTITUTIONS OF SHKES

"Those who educate children well are more to be honoured than parents, for these only gave life, those the art of living well." –Aristotle



With the blessings of Paramhans Sant Hirdaram Sahibji and guidance of Rev. Siddh Bhauji, Guru Purnima was celebrated on 24th July'2021 in all the educational institutions working under the aegis of SHKES. Shri A.C. Sadhwani (Secretary, SHKES), Shri Hero Gyanchandani (Vice President, SHKES), Shri K.L. Ramnani (Joint Secretary, SHKES), Principals, Vice-Principals, Coordinators & Teachers of all the schools were present to grace the occasion.

Shri Hero Gyanchandani extended his best wishes to the staff members on this special occasion and praised the teachers for their dedication & unconditional support during this trying time of the pandemic. He stressed on the teachings of Rev. Siddh Bhauji and the values promoted by him.

Shri A.C. Sadhwani addressed the assemblage by gratifying the teachers for their constant dedication and guidance in their respective fields. He further added the importance of immense responsibility bestowed on a teacher and suggested that this responsibility should be carried on with vigorous learning and introspection. He further added that it is a divine blessing to be associated with a Society which places it's foundation on the pious teachings of Saints.

As per the Hindu Culture, the position of a Guru is Paramount. The Guru is a nation - builder, a pillar of strength, a role – model, and above all a creator of humanity. The Guru-Shishya bond is seen as a pure

One of the most beautiful qualities of true relationship is to understand and to be understood

connection that helps the student achieve greater heights. In India, the teacher is referred to as the Guru (the one who sows seeds of knowledge and eliminates darkness). All the students expressed heartfelt

gratitude towards Rev. Siddh Bhauji for inculcating in them pious 'sanskaras' & reverence for teachers.

INDEPENDENCE DAY CELEBRATED IN VARIOUS EDUCATIONAL INSTITUTIONS OF SHKES



With the divine blessings of Paramhans Sant Hirdaram Sahibji and Rev. Siddh Bhauji, 75th Independence Day was celebrated with great zeal & enthusiasm in all the schools & colleges run under the aegis of Shaheed Hemu Kalani Educational Society (SHKES). The flag hoisting ceremony was graciously performed by Col. Narayan Parwani in the presence of the staff of the schools & colleges functioning in Sant Hirdaram Nagar and office bearers of the Society, Shri Hero Gyanchandani (Vice-President), Shri A.C. Sadhwani (Secretary), Shri K.L. Ramnani (Joint Secretary), Shri L C Janiyani and other esteemed members.

The Principals/Heads of the schools/colleges present on the occasion were, Dr. Dalima Parwani (Sant Hirdaram Girls College), Dr. Hemanshu Sharma (Sant Hirdaram Medical College of Naturopathy & Yogic Sciences), Dr. Ashish Thakur (Sant Hirdaram Institute of Management), Dr. Ajay Kant Sharma & Mrs. Rita Gurbani (Mithi Gobindram Public School), Mrs. Amrita Motwani (Navnidh Hassomal Lakhani Public School) and Mrs. Harsha Chandwani (Vidyasagar Public School).

As the educational institutions have been closed due to Covid-19 pandemic but it did not deter the aspirations and courage of the students who celebrated this national festival virtually. The students prepared videos covering various patriotic songs, dances and skits to revive the spirit of sacrifice, nationalism and patriotism. These videos have been uploaded on the websites of the schools/colleges. The prime objective of these activities was to kindle the spirit of patriotism, sacrifice and dedication in the students.

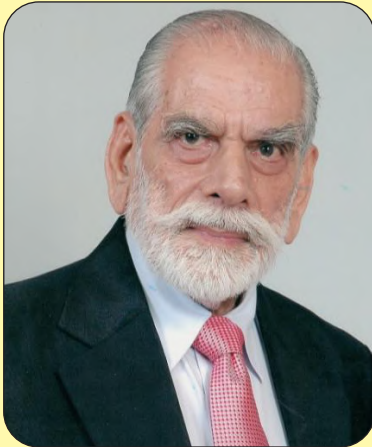
Rev. Siddh Bhauji(President, SHKES) in his message congratulated all the students and staff members on Independence Day and showered his divine blessings upon them. He encouraged everyone to be truthful & loyal towards one's country. Rev. Bhauji appealed to the students to attend the classes with their parents' consent. Still COVID safety protocol is being practiced strictly in the schools. He expressed his desire that shortly the nation will come out of this pandemic and the classes will commence, as usual.

On this memorable day, Col. Narayan Parwani in his speech said that the students must inculcate heroism, courage, grit & audacity. He quoted the example of Maj. Dhyanchand who is popularly called as 'Magician of Hockey'. Once in 1936 Olympiad, he was asked by Adolf Hitler of Germany as to what his country had done for him. He immediately replied, "It is not important what my country has done for me rather the most important thing is what I have done for my country." Col. Parwani asked everyone to work diligently & honestly. Further, he emphasized on boosting the immunity by doing exercise daily. He gave examples of our brave freedom fighters who never thought twice before sacrificing their precious lives in honour of their motherland.

Happiness cannot be earned, owned or consumed. Happiness is the experience of living every minute with love, grace & gratitude

OBITUARIES

DADA LEKHRAJMAL POHOOMAL KEWALRAMANI, MUMBAI



*Your life was a blessing; your memory was a treasure
You are loved beyond words; and missed beyond measure.*

Pujya Dada Lekhrajmal Pohoomal, an apostle of 'Sewa & Sumiran' left for heavenly abode on 23rd August' 2021. His simplicity and down to earth attitude will always be cherished in our memories.

Pujya Dada Lekhrajmal Pohoomal was a Trustee & Patron of Jeev Sewa Sansthan. His

contribution during the initial stage of service activities is beyond description. He got us associated with many renowned & kind-hearted philanthropists like Late Dada Harkishindas Bhojwani(Singapore), Mahtani

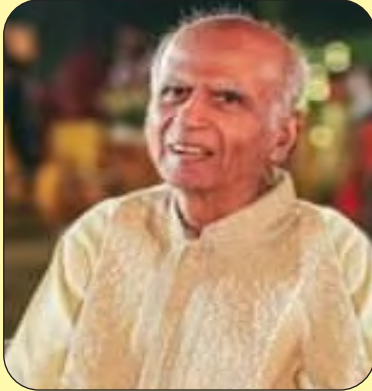
Brothers(Lokumal Sons, Hong Kong), Dada T.K. Vaswani etc. He was embodiment of love, compassion & charity. He inculcated the same 'sankaras' in his children too. Continuing the legacy of Pujya Dada, his beloved son – Mr. Vinod Lekhrajmal is contributing in the noble endeavours of Jeev Sewa Sansthan through his charitable organisation, 'Sunshine Trust, Mumbai'.

To pay homage to Dada Lekhrajmal, Rev. Siddh Bhauji said, "Jyot Samai Jyot Mein' which means that the noble soul has merged with the Supreme. With this, Pujya Dada has been liberated from the cycle of birth & death." We recited "Sri Sukhmani Path Sahib" & offered "Ardas" in Sant Nagari(Bhopal) for the 'Sadgati' of departed soul.

Jeev Sewa Sansthan & its associated organizations pray to the Almighty & Paramahans Sant Hirdaramji Sahib to grant peace to the departed soul & courage to the bereaved 'Kewalramani Family' to bear this blow of destiny.

DADA GORDHAN SHEWARAM LAUNGANI, HONG KONG

(18th May'1941- 2nd July'2021)



With utmost grief, Jeev Sewa Sansthan offers heartfelt condolence to all the members of "Laungani Family" on the sad demise of Resp. Dada Gordhan Shewaram Laungani who united with the Supreme Soul on 2nd July'2021.

Resp. Dada Gordhan Laungani lived a life full of contentment, peace and happiness. He was a kind & compassionate person and was always ready to serve the poor & destitute masses. Though Resp. Dada has left for his heavenly abode, yet he will always remain immortal as an ideal in our memories.

We pray to the Almighty to grant peace to the departed soul & courage to all the bereaved family members to bear this blow of destiny & irreparable loss.

MR. DEVESH R. SAMTANI, HONG KONG

(5th March' 2003 – 13th August' 2021)



*Those we love don't go away, they walk beside us everyday
Unseen, unheard, but always near, Still loved, still missed & very dear.*

Mr. Devesh Samtani, the beloved son of Mrs. Mala & Mr. Kishore Samtani(Hong Kong) and loving brother of Kunal, Mia & Viren Samtani united with the Supreme Soul on 13th August'2021. He was

very handsome, kind, fun loving & intelligent person. Mrs. Mala & Mr. Kishore Samtani have been associated in the noble endeavours of Jeev Sewa Sansthan specially towards sponsoring education of the needy children. Jeev Sewa Sansthan convey heartfelt condolence to the members of "Samtani Family" and pray to the Almighty & Paramhans Santji to grant solace & tranquillity to the departed soul at His lotus feet and courage to the bereaved 'Samtani Family' to bear the blow of destiny.

SMT. MOHINI KHUBANI, BHOPAL



Wadhuram Kewalramani(renowned philanthropist of Kuwait) & Mr. Vasu Adnani(Bhopal). She united with the

With utmost grief, Jeev Sewa Sansthan offers heartfelt condolences to all the members of the 'Kewalramani & Khubani Family' on the sad demise of Pujya Smt. Mohini Khubani, beloved mother-in-law of Resp. Dada P K Ramani(renowned philanthropist of Hong Kong), Resp. Dada

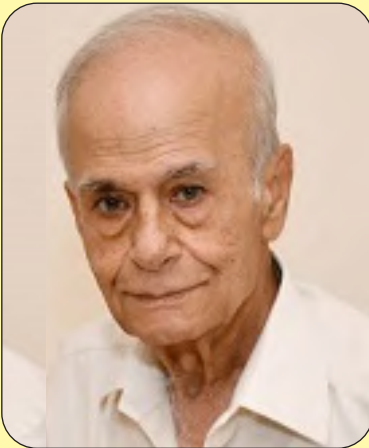
Supreme Soul on 20th July' 2021 at the age of 93 years. Smt. Mohini Khubani was a God-fearing, kind-hearted & spiritual lady. She always kept herself engrossed in 'Sewa & Sumiran'. All these virtues place her in the lotus feet of Lord. She bestowed immense love, affection & blessings upon all those whosoever visited her. Though she left for heavenly abode, yet will always remain immortal as an ideal in our memories.

We recited "Sri Sukhmani Path Sahib" & offered "Ardaas" for the peace of departed soul.

Jeev Sewa Sansthan Parivar prays to the Almighty & Paramahans Sant Hirdaramji Sahib to grant peace & tranquility to the departed soul & courage to bereaved 'Kewalramani & Khubani Family' to bear the blow of destiny & irreparable loss.

**DADA JACKIE MELWANI, USA
(May 15,1941 – September 10, 2021)**

*"Life is the greatest gift that God has given us,
Death is only a bridge towards eternal life with God."*



With utmost grief, Jeev Sewa Sansthan offers heartfelt condolence to all the members of "MELWANI FAMILY" on the sad demise of Pujya Dada Jackie Melwani, beloved husband of Mrs. Lavina Melwani. He left for heavenly abode on

10th Sep'2021 in New York, USA.

Pujya Dada Jackie Melwani was a kind and compassionate person who touched many lives with his wonderful spirit & zest of life. He always had something to give to everyone-a smile, a helping hand or a positive word. His passing away is indeed a great loss to the humanity.

We deeply mourn his bereavement and pray to the Almighty & Paramhans Santji to grant solace to the departed soul & courage to all the family members to bear this blow of destiny.

● GOD SAID NO..... ●

... I asked God to take away My habit. God said, No. It is not for me to take away, But for you to give it up.

... I asked God to make my handicapped child whole. God said, No. His spirit is whole, his body is only temporary.

... I asked God to grant me patience. God said, No. Patience is a byproduct of tribulations; It isn't granted, it is learned.

... I asked God to give me happiness. God said, No. I give you blessings; Happiness is up to you.

... I asked God to spare me pain God said, No. Suffering draws you apart from Worldly cares and brings you closer to me.

... I asked God to make my spirit grow. God said, No. You must grow on your own, but I will prune you to make you fruitful.

... I asked God for all things that I might enjoy life.God said, No. I will give you life, So that you may enjoy all things

... I asked God to help me LOVE others, as much as He loves me. God said...Ahhhh, Finally you have the idea.

Opportunities are like sunrises. If you wait too long, you miss them.

● GOSPEL OF GITA ●

MEET THE DIVINE

Lord Krishna said,

***“I am the source of all; from Me everything evolves” 10-8.
Among the letters of the alphabet, the letter ‘A’ I am. 10-33***

But surely letter ‘A’ is not Lord Krishna. This must be understood absolutely clearly and without any ambiguity. For Lord Krishna is banyan tree but banyan tree is not the Lord... God is you and I but you and I are not God. We are evolved from Him alone and we are wired with God gene. Therefore, we are divine potentially.

Meeting with Spiritual Masters

It is interesting to learn that the commonest question asked is how to perceive God or to attain liberation (Makhsha).

The wisdom imparted by the Spiritual Masters will be retained only in a vessel that is worthy to receive it; most of the vessels are like a sieve; as soon as the wisdom is poured in the sieve, it drains away leaving the sieve empty and unaltered.

Among thousands of men scarcely one strives for perfection and of those who strive and succeed, scarcely one knows Me in essence. 7-3.

The Spiritual Masters impart knowledge of different routes that lead to the Eternal Destination and stress to imbibe sattvic qualities and keep away from three gates leading to hell.

It is not easy to live sinless and desire less life as long as we are engaged in worldly affairs. World surrounding us lures us to live life of comfort and pleasure for which we need money. Indeed we need lot of money even to please the Spiritual Masters; more we give to the Masters, closer we come to them. There is nothing wrong with that but the problem is that as soon as we fulfil one desire another desire is born in our mind. This creates unending circle; more we have more we want.

Wonderful thing is that more money we gather more we are inclined to please deities by performing certain rituals; in return deities shower more success in our

pursuit of worldly objects. Success breeds success and it becomes our habit to chase success.

Material success brings name and fame and we are attracted to Spiritual Masters. Proximity to the Spiritual Masters awakens God gene and we become inquisitive to know Him. But when we leave the place of worship/Spiritual Masters we leave behind our quest to find God as well.

Answer to our quest of God lies right within us; it does not come from the Spiritual Masters. They can guide us but we have to prepare ourselves to receive the wisdom, retain it and use it to attain our desired object – to satisfy our quest of God.

That can happen only when we live as good citizens; see the fellow citizens as our brothers; share their joy and sorrow; share our affluence with less fortunate brethren, distribute wisdom (knowledge) free to all the mankind without any distinction of colour, caste and religion, render selfless service to the poor and the sick and remember that all creation proceeds from God alone and God pervades in everything; therefore we must treat it with due respect..

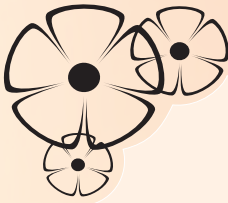
This can happen only when we have full faith in God; we worship Him and meditate on Him. There are various ways to worship Him and meditate upon Him... No body knows what the best way of worship or meditation is for no one has ever returned after visiting God’s Abode.

Our scriptures and Spiritual Masters are the only guides who teach us to peep in our heart and search for the answer for our Soul is the source of all the knowledge- divine and material.



- (Late) Dr. Hargun Ladharam Khanchandani

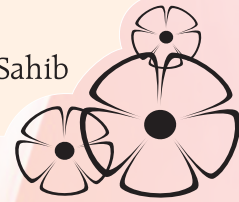
You yourself, as much as anybody in the entire universe deserve your love and affection!



PUSHKAR PRASAD

THE OLD, THE INFIRM AND THE CHILDREN,
ARE LOVING FORMS OF GOD.
SERVE THEM WITH HEART & SOUL,
AND WIN LAURELS OF THE LORD.

Sant Hirdaram Sahib
(Pushkar-Raj)



KINDLY HELP US TO HELP OTHERS

*Still there are many more poor children deprived of education, still there are numerous poor eye patients needing operations, still there is a large number of poor parents worried about marriages of their daughters due to dowry, large population needing drinking water, many old persons needing support and there are many more other sufferers. The dreaded enemy of all of them is **Poverty**.*

YOU CAN HELP THESE NEEDY TO FIGHT AGAINST THIS DEMON OF POVERTY BY CONTRIBUTING AS UNDER

- | | | |
|---|---|----------------------------|
| 1. Free Education to a poor child (upto XII Standard) | : | Rs. 10,000/- per year |
| Free Education to a poor child (college level education)..... | : | Rs. 15,000/- per year |
| 2. Cataract operation including implantation of an artificial lens | : | Rs. 1,500/- per operation |
| (For poor patients in free eye camps) | | |
| 3. Full free eye (IOL) camp of 100 patients | : | Rs. 1,50,000/- per camp |
| 4. Free Urology operation | : | Rs. 15,000/- per operation |
| 5. A full free urology camp of 100 patients | : | Rs. 15,00,000/- per camp |
| 6. Cash and dole for marriages of poor girls | : | Rs. 31,000/- per marriage |
| 7. Food & Nutritional help to a poor family | : | Rs. 4,800/- per year |
| 8. Electricity & maintenance charges for tube-well motors
for providing free water | : | Rs. 1,00,000/- per month |
| 9. Monthly help to poor widows | : | Rs. 1,000/- per widow |
| 10. Donation for last rites | : | Rs. 5,000/- per person |
| 11. Dietary help to women for nurturing post delivery period..... | : | Rs. 4,000/- per lady |
| 12. For general activities / specific projects | : | Any amount as you wish |
| 13. Help for higher studies of needy meritorious students..... | : | Rs. 25,000/- per annum |
| 14. Medical help for dreaded diseases | : | Rs. 25,000/- per Patient |
| (Blood Cancer, Kidney Transplantation, Liver Cirrhosis, Heart Surgery) | | |
| 15. Medical help for chronic diseases | : | As per the need |

The donations favouring JEEV SEWA SANSTHAN are exempted U/S 80(G) & 12(A) of Income Tax Act, 1961.
The Sansthan is also registered under FCRA (No.: 063160059) for receiving foreign donations.

YOU CAN ALSO MOTIVATE OTHERS

The returns will be GRACE of God and BLESSINGS of the poor beneficiaries

P.T.O. FOR SPECIFYING YOUR KIND CONTRIBUTION

To,
The Secretary,
Jeev Sewa Sansthan,
First Floor, Navnidh Hassomal Lakhani Public School Building,
Lake Road, Sant Hirdaram Nagar, Bhopal (M.P.), India - 462030

Dear Sir,

HELP FOR THE POOR

Consequent upon your appeal in Sewa Sankalp, I enclose a cheque/draft bearing
No. dt: for Rs. for following purpose.

(1) Help to poor student(s) Free Education to a poor child (upto XII Standard) : Rs. 10,000/- per year Free Education to a poor child (college level education) : Rs. 15,000/- per year	₹
(2) Cataract operation with lens implantation for poor patient(s) (@ Rs. 3500/- - 2000/- being grant-in-aid received from DBCS) Rs. 1500/- per surgery	₹
(3) Sponsoring a full free eye camp of 100 patients on the birthday / marriage anniversary of or in loving memory of	₹ 1,50,000/-
(4) Urology operation(s) (@ Rs.15,000/- per operation)	₹
(5) A full Free Urology Camp of 100 patients in loving memory of	₹ 15,00,000/-
(6) Items and cash given, in marriage of,..... poor girl(s) (@ Rs. 31,000/- per marriage)	₹
(7) Monthly Ration toPoor Families(@Rs.4800/-per year, per family)	₹
(8) Monthly help to poor widow(s) (@Rs. 1000/- per widow)	₹
(9) Dietary help to women in post delivery period (@Rs. 4000/- per lady)	₹
(10) Help for the last rites and other ceremony(ies) (@Rs. 5000/- per person)	₹
(11) Help for Higher Studies of,.....needy student(s) (@Rs.25,000/- per annum, per student)	₹

Full Name & Address	Phone (O) :	
	Phone (R) :	
	Fax :	
	E-mail :	

“Sewa Sankalp may be sent to my / our friends / relatives at following e-mail ID”

1.
2.
3.
4.

Kindly tick (✓) the items (s) mentioned above for which donation is related

STATISTICAL PROGRESS

(Various activities carried out upto September'2021)

1. Children benefitted by adoption through NAV YUVAK PARISHAD (since 1978)	: 10219
2. Unemployed youngsters imparted Vocational Training through BHAGWAN KALA KENDRA (since 1994)	: 37319
3. Inculcating sanskars & values in adolescent girls through MANJU SUKHRAMDAS SANSKAR KENDRA (since 1978)	: 11435
4. ERADICATING BLINDNESS THROUGH	
[A] SEWA SADAN EYE HOSPITAL(since 1987)	
(I) Outdoor patients	: 1466992
(a) Free	: 589401
(b) Paid	: 877591
(ii) Operations performed	: 271041
(a) Free	: 184185
(b) Paid	: 86856
(iii) Keratoplasty	: 1846
[B]RETNOPATHY OF PREMATURITY(ROP) Screening : 156	
Sehore Distt.	: 88
Vidisha Distt.	: 68
[C] ROP LASER PROCEDURE	: 03
Chhindwara Distt.	: 02
Sehore Distt.	: 01
[B] INDIRA-HOTCHAND LALWANI CHARITABLE EYE HOSPITAL (since Jan-2004) : 720638	
(I) Outdoor patients	: 529616
(ii) Eye Operations performed	: 191730
[C] ISHWARIBAI BUXANI POST-OPERATIVE CARE CENTRE (Since 1999)	
(I) Free Urology Camps	: 96
(ii) Free Urology Camp Patients	: 50363
(iii) No. of Urology operations	:10946
[D] Kamla Roopchand Gidoomal Memorial Dental Clinic(Since 2006) : 60703	
[E]Lekhraj & Kala Ladharam Mirpuri Dental Clinic : 46195	
5. Dadi Laxmidevi Shroff Pathology Centre (Since 1997 for free eye camp & other patients)	
[a] No. of tests in eye camp	: 186598
[b] No of test for general patients	: 1231952
6. Free Urology camps since 1992 through	
[A] No. of Free Urology Camps	: 96
[B] Outdoor Patients	: 50363
[C] No. of Urology operations	:10946
7. Providing medical help to the poor for	
(a) Surgery of various chronic diseases *	: 1634
(b) Sundry Medical Cases **	: 24493
8. Youngsters benefitted through SWAMI VIVEKANAND CAREER ACADEMY (since 2001) : 13190	
9. Help for the last rites of less-privileged people through JEEV SEWA SANSTHAN (since 2008) : 693	
10. Dietary Help to the women for nurturing post -delivery period through JEEV SEWA SANSTHAN (Since 2008) : 221	
11. Career Guidance & library facility to youngsters through NEETU MAHTANI MEMORIAL LIBRARY(since 1998) : 11124	
12. Persons benefitted for physical fitness through FABIANI FITNESS CENTRE (since 1993) : 12433	

13. Naturopathy treatment through AROGYA KENDRA (since 1989)	: 455989
SWAMI HARIHARJI MAHARAJ INDOOR PATIENTS WING (since Jan 2005)	: 59906
14. Imparting qualitative education with sanskars through Schools & Colleges-	
[A] Run by Shaheed Hemu Kalani Educational Society (since 1997) : 4752	
[i] Vidyasagar Public School (1997)	: 650
[ii] Mithi Gobindram Public School (1999)	: 1469
[iii] Navnidh Hassomal Lakhani Public School(2002)	: 1474
[iv] Kewalram Chanrai Public School(2001)	: 741
[v] Children's Hope India Girls School	: 413
[v] Radhibai-Hassomal Khiantani Foundation School (Since 2005)	: 154
[vi] Arjan Hathiramani Memorial Play school	: 8
[vii] Kala Laxmandas Vensimal Gangwani Foundation School (since 2015)	: 235
[viii] Sant Hirdaram Girls College(since 2006)	: 1429
[a] Jaslok Science Wing	: 465
[b] Rukmani-Krishnan Arts Commerce Wing	: 864
[c] Radhadevi T. Kewalramani Professional Wing	: 100
[ix]Sant Hirdaram Medical College of Naturopathy & Yogic Science (Since 2009)	: 251
[B] Run By Sudhar Sabha(since 1974)	: 1656
[i] Sadhu Vaswani Middle School	: 1360
[ii] Ku. Jethi T. Sipahimalani Higher Sec. School	: 296
[c] Run By Laxmi Devi Vikyomal Shroff Educational Society (since 1994)	: 2424
[i] LVS Play School	: 155
[ii] Laxmi Devi Vikyomal Shroff H.S. School	: 1232
[iii] Prerna Kiran Public School	: 602
[iv]Veena Charlie Daswani School	: 435
[D] Sant Hirdaram Institute of Management(since 2010) (MBA Course)	: 622
15. Financial Help for Higher Studies through JEEV SEWA SANSTHAN(since 2002) : 228	
16. Help extended in marriage of needy girls through JEEV SEWA SANSTHAN (Since 1992) : 3351	
17. Supply of free water since 1996 through Nav Yuvak Parishad	
[A] No. of bore-wells	: 101
[B] No. of tap connections	: 1182
[C] No. of families benefitted	: 30833
[D] No. of Tankers	: 05
18. Help to needy widows through JEEV SEWA SANSTHAN (Since 2004) : 386	
19. Help to needy families(Ration)(since 1999) : 744	
[a] JEEV SEWA SANSTHAN	: 435
[b] NAV YUVAK PARISHAD	: 309
20. No. of Children sponsored by Children's Hope India (New York, USA) (since 2015) : 304	
[a] EAC	: 237
[b] CHI Higher Education	: 55
[c] Khashu Family High Education	: 6
[d] Sani Family Foundation Scholarship Program	: 6

* Heart Disease, Valve replacement surgeries, Cancer, Thalassaemia etc.
** ENT, Nephrology, Gynaecology, Urology, Pediatrics, Endocrinology, Skin, Cardiology, Psychiatry Gastro, Physician, Pathology, Orthopedic.

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